

Topic: Dementia/Alzheimer's Awareness

Many of us love people who deal with dementia. Alzheimer's Syndrome is a genetic, common cause of dementia. Initial presentation of dementia can be hard to navigate: What memory loss is abnormal? What is simply normal, age-related decline? Sometimes I forget my keys, too! Find tools to help you discern changes indicating onset of dementia in yourself or a loved one here:

https://www.alz.org/alzheimers-dementia/10_signs

Please see your doctor if you notice signs of dementia or Alzheimer's symptoms in yourself or someone else. Good questions to bring to your appointment can be found here:

<https://www.alz.org/alzheimers-dementia/treatments/questions-for-your-doctor>

Community Wellness & Faith Community Health Services at Carle connects you and your faith community to needed healthcare and wellness support, taking a whole-person approach to health.

To learn more about bringing healthcare and wellness resources to your faith community, call (217) 902-3160 or email FaithCommunityHealth@carle.com.



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